



Shrewsbury Community Newsletter

A Borough of Shrewsbury Publication

OCTOBER 2016

A Message From the Mayor

A fond farewell to the summer of 2016! I hope that everyone could take the time to enjoy special moments with family and friends whether at the beach, on vacation, the parks, the Community garden, or in their own backyard!

The vitality of our Borough remains very strong. Several new businesses have selected Shrewsbury as a place to begin their success. Both our Planning and Zoning Boards continue to have an unprecedented list of agenda items as they wrestle with the issues involved in integrating the wants and needs of applicants seeking to establish a base in Shrewsbury. Both volunteer boards deserve a tremendous amount of applause for their efforts in striving to keep Shrewsbury the town we love while being open to new opportunities to show others our best attributes. Our reliance upon volunteers is quite strong. Let it be known that all are appreciated for their time and commitment.

Our council would like to encourage all of our residents to visit the Borough website regularly (www.shrewsburyboro.com). This tool provides much needed information ranging from current events and alerts, tax information, as well as, agendas and minutes from most of our Borough groups/committees including council, planning, zoning and recreation. Additionally, the 'Departments' section of the website allows residents the option to leave messages for members of our borough staff should you have questions or concerns. **In reference to the website, please be aware that, beginning next quarter, the Borough Newsletter will no longer be mailed out to the residents.** Fear not, it will continue in its same traditional format but will be available only through the website. The decision was not an easy one. After much thought and consideration, it has been decided that this decision would not only provide a cost savings to the residents, but also be a more efficient, environmentally friendly and timely way to distribute important information to our community. If you do not have access to a computer, please remember that the Monmouth County Library Eastern Branch has several available to the public or you can call the Clerk's Office and they can print you out a copy. **This change does not affect the distribution of the annual Borough Directory. This will continue to be mailed out to all Borough residents and businesses.**

In very positive news for our Borough, it appears that an agreement has been reached for an east/west corridor through the former Ft. Monmouth property.

continued...

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Newsletter Articles Wanted

Borough groups interested in having an article published in the next issue, please contact Izzy Grieco at 732.741.4200, x106 or email at igrieco@shrewsburyboro.com. All local groups and organizations are encouraged to submit articles. ***Next deadline for articles is December 10th.**

Mayor's Message continued ...

We hope that this will bring some relief to the volume of traffic currently passing through Shrewsbury. Mayor, Council and the Shrewsbury Police Department have been clamoring for months, almost to exhaustion and abandonment, to "open an access road through the Fort" to relieve some pressure on our Shrewsbury corridor. It now appears to be in the making-but it can't come soon enough. A huge thank you to all for 'pushing the envelope' with the 'powers that be' to get us to the point where this may indeed happen.

Now on to autumn in Shrewsbury with cooler temperatures, beautiful colors and the excitement of the upcoming November and December celebrations! Our calendar of events is extensive. Be sure to frequently check the borough website and calendar of events to insure you can maximize your involvement and quality of life here in Shrewsbury.

-By Don Burden, Mayor

Fire Marshal

The Shrewsbury Fire Prevention Bureau reminds everyone that since Eastern Standard Time begins Sunday, November 6th, 2016 at 2 a.m., this is the appropriate weekend to "Change Your Clock, Change Your Batteries" in both your smoke detectors and carbon monoxide detectors.

This program urges everyone to adopt a simple, and potentially lifesaving, habit of changing your smoke alarm and carbon monoxide alarm batteries the same weekend that you change your clocks.

Changing smoke alarm and carbon monoxide batteries at least once a year, testing those alarms monthly, and reminding others to do the same are some of the simplest and most effective ways to reduce tragic deaths and injuries. For more information, contact the Shrewsbury Fire Prevention Bureau at 732-741-4200 X 117.

-By Vito Marra, Fire Marshal



Clerk's Office

732-741-4200 x108

Fall Election Information



2016 General Election Day: Tuesday, **November 8.** Polls will be open from 6 a.m. - 8 p.m.

10/18: Deadline to register to vote

11/1: Deadline for County Clerk to receive, by mail, applications for mail-in ballot

11/7: Deadline for in-person receipt of mail-in ballot to County Clerk (by 3 p.m.)

Polling locations remain: District 1 and 3 at the Shrewsbury Firehouse, District 2 at the First Aid Building. Your polling place is noted on the sample ballot mailed to you prior to the election. Feel free to stop by the Borough Clerk's Office if you need a Voter Registration Application or an Application for Vote-by-Mail Ballot.

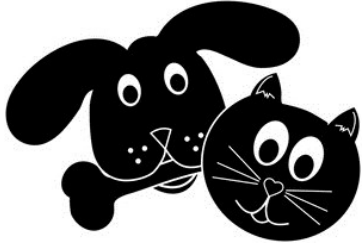
Halloween Curfews:

The Borough wishes you a safe and happy Halloween! Please abide by Borough Ordinance #944 that sets the curfews as follows:

October 30th "Mischief Night": 6:00 p.m.

October 31st "Halloween": 8:00 p.m.





SCHEDULE OF FREE RABIES CLINICS

SAVE THE DATE! **Shrewsbury is hosting a FREE Rabies Clinic on 11/19 at the Firehouse!!!!

Please take advantage of these clinics if your pet's rabies vaccine expires between 11/1/2016 and anytime in 2017!!! Depending on the health and size of your dog, most vets agree that vaccinating early coming off of a 3-year shot will not affect their health. This will help with your pet license renewal come January!!!

Wednesday	Nov. 2, 2016	Fair Haven Firehouse 645 River Road, 07704	7 pm – 8 pm
Thursday	Nov. 3, 2016	Rumson Public Works Garage 80 East River Road, 07760	7 pm – 8 pm
Saturday	Nov. 5, 2016	Spring Lake Heights Firehouse 700 Sixth Avenue, 07762	10 am – 11 am
Saturday	Nov. 5, 2016	Holmdel Public Works Garage Crawfords Corner Rd	8:30 am- 10:00 am
Monday	Nov. 14, 2016	Borough Chemical & Truck Co. #1 379 Monmouth Rd (WLB), 07764	7 pm – 8 pm
Wednesday	Nov. 16, 2016	Little Silver Firehouse 543 Prospect Avenue, 07739	7 pm- 8 pm
Thursday	Nov. 17, 2016	Highlands Municipal Bldg. 171 Bay Avenue, 07732	7 pm - 8 pm
Saturday**	Nov. 19, 2016	Shrewsbury Hose Company No. 1 783 Broad Street, 07702	10 am – 11:30 am
Saturday	Dec. 3, 2016	Howell Public Works Garage Old Tavern Road	9 am- 12 pm
Saturday	Dec. 3, 2016	Belmar Public Works Garage 13 th Avenue, Belmar	9 am – 10:30 am
Saturday	Jan. 7, 2017	Tinton Falls Municipal Complex DPW Building, 556 Tinton Ave, 07724	10 am – 12 noon
Monday	Jan 9, 2017	Eatontown Firehouse 45 Broad Street, 07724	7 pm- 8 pm
Tuesday	Jan. 10, 2017	Brielle Fire Hall 509 Longstreet Avenue, 08730	7 pm – 8 pm

PLEASE HAVE DOGS ON A LEASH AND CATS 1 TO A CARRIER. ANIMAL MUST BE SUPERVISED BY AN ADULT.

-By Karen Lloyd

Shrewsbury First Aid Squad

Fund drive letters were sent to all residents in August. We appreciate the generous donations received so far. Please consider making a donation if you have not already done so.

Residents may attend free CPR classes to be offered October 10, November 14 and December 12. Visit www.shrewsburyfirstaid.org to register for CPR classes or to inquire about joining the squad.

The Shrewsbury First Aid is in receipt of a new ambulance. The 2016 Horton 533 replaces the eighteen-year-old 1998 Braun Sweptside. The new ambulance provides for additional space in the patient care module (back of the ambulance). This will provide for dramatic improvement in patient care.



-By Rolf Kamp

Shrewsbury Senior Homesteaders

After our summer break we looked forward to coming back together in September to see everyone and especially to honor the 100th birthday of Betty Hansen! Our entertainer Bruce Foster presented the perfect program of Betty's life through music marking the decades of her life. Later in the month we came together informally to enjoy lunch at nearby Little Szechuan Chinese Restaurant. Our October in-house luncheon on Thursday, October 13th will be catered by Foodtown; and Sallyann Jauch, Enrichment Specialist at Shrewsbury Boro School will talk with us about her students' creative projects. There is no charge for this in-house lunch. Guests who sign up ahead with In-House Chair, Deanna Sole or Carolyn Alt (732/531-5557) are welcome. On Friday, October 21st we set sail on the Navesink River aboard Classic Boat Tours out of Highlands. Tickets are \$20 on a first-come-first-serve basis and can be purchased through Bob Donohue, Vice President (732/842-2335). At our November 10th regular meeting we are preparing to be regaled by the thespians of LT Productions as they perform the radio show, "All About Eve". Following on a theme, Nov. 16th we will attend as a group Two River Theater's production of "Lion in Winter." Excitement is once again building as we make plans to celebrate the holiday season in style at Shrewsbury's newly refurbished historical gem Shadowbrook Restaurant. And we'll start the new year off right with the dance students from Red Bank High School Performing Arts Academy. If you're fifty years young and counting, please accept our invitation to join us on the second Thursday of the month, 1:00 -3:00 PM, at Shrewsbury Presbyterian Fellowship Hall. For further information, call Barbara Walter (732/380-0163), Membership or Carolyn Alt (732/531-5557), President.

-By Carolyn Alt, President

All That We Are. The Shrewsbury Garden Club Continues its 60th Anniversary Celebration

The Shrewsbury Garden Club (SGC) invites you to join them on Tuesday, December 6th at the Salt Creek Grill in Rumson in the celebration of their 60th Anniversary! The special luncheon and presentation, which is open to the public, is part of the club's year-long celebration, appropriately themed: "All That We Are; A Celebration of 60 Years of Growth and Harvest." Led by newly inducted co-presidents Judy Bonanno and Susan Hellman, the club plans a number of interesting talks, trips and hands-on demonstrations throughout year, including: "Canning, Freezing and Drying," preserving your garden harvest; "Add A Twist," creating multiple holiday centerpieces with a twist of design elements; "Soaps and Scrubs," making organic soap; "Cooking up a Winter Medley" with Shrewsbury's own Chef Covas and "Wild Birds Unlimited," attracting birds to your backyard. In addition, trips are planned to the Grounds of Sculpture in Princeton and the Leonard J. Buck Garden in Somerset County. The SGC kicked off the year with an evening Harvest Dinner at Narrowgate Farm, the home of Evelyn Bonanno and family, and a special dedication of a 9/11 memorial Beech tree at Borough Hall. The SGC helps plant and maintain numerous gardens, including the 9/11 Memorial Gazebo Garden, the Allen House Herb Garden, the planters at Borough Hall, the Eagle Garden at the Shrewsbury Historical Society Building, and several other gardens of interest throughout the Borough. The club invites all interested Shrewsbury residents to join them at their regular meetings on the third Tuesday of every month and specially planned excursions throughout the year. For information about membership, contact SGC Membership Chair Maureen Collins at shrewsburygardenclub@gmail.com. For more information about SGC activities and events, visit the club's website at www.shrewsburygc.com or on Facebook at www.facebook.com/shrewsburygardenclub.

-By Maureen Collins

Growing Community: The Shrewsbury Community Garden Wraps up its Fifth Year of Gardening Together!



Photographer, Maureen Collins
Pictured: Tina Behr, Pat Pellegrino

The Shrewsbury Community Garden (SCG) wrapped up its fifth year of gardening with its annual Harvest Festival, Sunday, September 18th at the Borough's Gazebo. Dozens of families turned out for the annual celebration, which included a pot luck dinner and for the first time, a self-published cookbook with recipes written and submitted by Shrewsbury community gardeners. The garden, which opened in July of 2011, was filled to capacity by opening day this year with more than 80 gardeners and their families requesting plots, and a waiting list! Shrewsbury residents pay \$25 for the opportunity to grow food in the secure, fenced-in area located directly across from the Borough Municipal Building. Nonresidents pay slightly more. The SCG this year continued its commitment to providing produce to Lunch Break in Red Bank. Volunteers plant and maintain two dedicated PAR (Plant A Row) plots for this purpose and gardeners are also invited to donate their excess produce three times a week.

If you are interested in becoming a member of the SCG in 2017, make plans to attend the SCG Annual Meeting at 7 p.m., Monday, January 9th at the Shrewsbury Historical Society. At that time, the SCG committee will begin receiving applications from current gardeners and compiling a list of those interested in available plots. Current resident gardeners are given first priority but must commit to renewing their plot within a month's time, or lose that privilege. A complete list of the SCG Bylaws and Rules & Regulations governing the registration process are available on the Borough's website.

-By Maureen Collins

***A Message from your Local Board of Health:
September is Prostate Cancer Awareness Month***

The month of September brings the importance of prostate cancer into focus. According to the American Cancer Society, prostate cancer is the most common cancer among men after skin cancer. The significance of keeping informed about prostate cancer and related testing and treatment options plays an important role in making informed decisions. In addition, talking with your health care provider is crucial in keeping informed.

An article in the Wall Street Journal stated that new prostate cancer tests can reduce the need for unnecessary testing such as biopsies. Recently, the New York Times reported that flawed studies may be causing false alarms about advanced prostate cancer. Testing for prostate cancer appears to require a balanced approach between reasonable measures (Prostate Specific Antigens PSA after 50) and more invasive procedures such as a needle biopsy. To learn more about prostate cancer below are some Websites that provide information and resources available:

<http://www.cancer.org/cancer/prostatecancer/>

<http://www.wsj.com/articles/a-better-prostate-cancer-test-1462819119>

<http://www.nytimes.com/2016/07/21/health/advanced-prostate-cancer->

<http://www.riverviewmedicalcenter.com/RMC/services/cancercenter/index.cfm>

<http://www.cdc.gov/cancer/prostate/index.htm>

http://www.pcf.org/site/c.leJRIROrEpH/b.5814067/k.2BBE/Prostate_Cancer

Please attend our **Board of Health** sponsored “**Zika and the Mosquitoes in Monmouth County**” presented by Victoria Thompson, Acting Superintendent, Mosquito Control Division, Monmouth County.

September 26, 8 PM at the Shrewsbury Borough Hall

-By Lorrie McGough

Two River Alert Update/Newsletter

The Borough of Shrewsbury is proud to announce an upgrade to our Two River Alert emergency notification system. This computer based high-speed telephone calling system is used by the Police Department to notify residents and businesses of critical information such as; evacuations, criminal activity, missing children, long term power outages, etc. The Two River Alert notification system is capable of dialing up to 60,000 telephone numbers an hour as well as sending text and email alerts. We are encouraging all residents and businesses to visit our website at www.shrewsburyboro.com and click on the Two River Alert logo located at the bottom right of our homepage. Our enrollment page will allow you to create an account or update a current account. **In addition to receiving Emergency notifications and General police notifications, we have recently added an option to receive Community News. All residents will have the ability to have boro announcements and the newsletter sent to their email.** Please take a moment and create or update your account so you won't miss important information. For those that do not have internet access, forms are available at Borough Hall. Please visit our website for more information.

-By Louis Ferraro, Chief

New Metal Recycling Procedure



All metal recycling must be collected separately. It will be picked up on the last working day of the month by appointment only. Please call DPW at 732-741-0522.

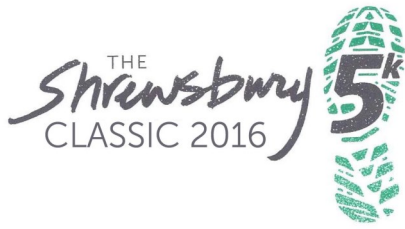


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22nd Annual Shrewsbury 5K Classic and One Mile Any Style Race



The Foundation for Shrewsbury Education will be hosting the 22nd annual Shrewsbury 5K Classic and One Mile Any Style on October 16, 2016. FSE expects more than 300 participants to turn out for the day's events, which include the 5K race, a one-mile race and a kiddie dash. The race will start and finish at the Shrewsbury Borough School, and runners will be able to visit the post-race expo, where there will be free food, drinks, music, face painters and other goods from local businesses.

The 5K is one of FSE's two annual fundraisers, with the proceeds going to support the advancement of technology and extracurricular academic programs at Shrewsbury Borough School. In the last few years, FSE has contributed more than \$200,000 to the school to purchase Chromebooks, laptops and iPad for student use and computers for the school's Mac Lab. In addition, FSE provides scholarship opportunities for SBS students to attend programs such as the Stars Challenge, Small Factory Production's renowned "Create-A-Cartoon" and "Video Game Making" classes and Bricks4Kidz Lego Classes.

"We are so excited to once again host the 5K, which is a great event bringing the Shrewsbury and SBS communities together," said Lisa Kane, race co-coordinator and FSE President. "Last year was one of our biggest races ever, and we hope for that same level of participation this year. We urge everyone to come join in the fun, whether you walk or run the 5K or one mile race, or just come out as a spectator. This year, we are hoping for an even greater amount of students participating in the races, so parents, sign your kids up!"

FSE is pleased to announce that Shrewsbury Car Wash and Jim Curley Car Dealership will once again be the Title Sponsors of the 5K. Businesses wishing to sponsor the race can contact Lisa Kane at lakane68@yahoo.com for more information. Tiger Sponsorships are also available for families wishing to support the event.

The One-Mile Any Style race will begin at 8:30 a.m., and the 5K race will begin at 9:00 a.m. and will take runners on a USATF certified course through the neighborhoods of Shrewsbury. The kiddie dash will take place at the school at 10:30 a.m. following the awards presentation. Refreshments will be provided to runners at a post-race expo, along with goods and services from various local businesses.

Runners can register for the race online at <http://shrewsburyfoundation.org> or at www.raceforum.com/shrewsbury. The cost for the 5K is \$30 in advance, \$35 on the day of the race, and the cost of the one-mile race is \$25 in advance, \$30 on race day. The kiddie dash is free and is for kids up to 3rd grade. Packet pick-up for the race will be on Friday, October 14th from 3:00 p.m. to 5:00 p.m. and Saturday, October 15th from 11:00 a.m. to 2:00 p.m. (location TBD). Registration on race day will begin at 7:30 a.m. at Shrewsbury Borough School, 20 Obre Place in Shrewsbury.

-By Lisa Kane

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Shrewsbury Garden Club members and spouses, and Janet Dill spruced up the plantings around the gazebo in preparation for the 15th anniversary of 9-11

Photographer, Judy A. Bonanno



Shrewsbury Parent Teacher Group
Shrewsbury Borough School
20 Obre Place, Shrewsbury NJ

Help Support Our School!!

Calling all Shrewsbury Families and Businesses! The SPTG is looking for family and business sponsors for the 2016-2017 school year. Please check out our website www.sptg.org for how you can help sponsor our school. You can also learn about our organization and how we support our school, teachers, and students! Like us on Facebook, Instagram, and Twitter! Thank you for all your support!

-By Lauren McNeace

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6th Annual Chanukah Menorah Lighting

Please join us for our 6th Annual Chanukah Menorah Lighting in December at The Gazebo at Shrewsbury Borough Hall.



The past 5 years have been an amazing community event enjoyed by many. We are hoping that this year will be even bigger! Enjoy as we celebrate with Live Entertainment, Jelly Donuts and Dreidels to play. **Please check the boro website for date.**

-By Pamela Hemel



2016 Shrewsbury Tree Lighting



The 2016 Tree Lighting ceremony at the Shrewsbury Municipal Complex is Saturday, **November 26, 2016 at 4:00 p.m.** Come join us to celebrate the holiday season!



Sunday, December 4, 2016
9:00 AM – 12:00 PM



Santa will be visiting the **Shrewsbury Firehouse** located at **783 Broad Street** for a pancake breakfast.

Join us and bring your list!

Admission is \$7.00. Children under 2 are admitted free. Pictures with Santa and ornaments will be available for an additional donation.